

Shropshire
together



Shropshire Health and Wellbeing Board

Adverse Childhood Experiences (A.C.E)

Karen Bradshaw

Shropshire Children's Trust wants all children and young people to be happy, healthy and safe and to reach their full potential, supported in a family environment, by their families, friends and the wider community



Chronic Public Health Disaster

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Five Direct

1. Sexual abuse by parent / caregiver
2. Emotional abuse by parent / caregiver
3. Physical abuse by parent / caregiver
4. Emotional neglect by parent / caregiver
5. Physical neglect by parent / caregiver

Five Indirect

1. Parent / Caregiver addicted to alcohol / other drugs
2. Witnessed abuse in the household
3. Family member in prison
4. Family member with a mental illness
5. Parent / Caregiver disappeared through abandoning family / divorce



Preventing ACEs in future generations could reduce levels of:



Early sex
(before age 16)
by **33%**



Unintended teen pregnancy
by **38%**



Smoking
(current)
by **16%**



Binge drinking
(current)
by **15%**



Cannabis use
(lifetime)
by **33%**



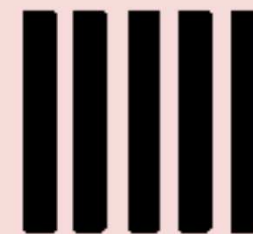
Heroin/crack use
(lifetime)
by **59%**



Violence victimisation
(past year)
by **51%**



Violence perpetration
(past year)
by **52%**



Incarceration
(lifetime)
by **53%**



Poor diet
(current; <2 fruit & veg portions daily)
by **14%**



Routine Enquiry is the process by which we **routinely ask individuals about traumatic/adverse experiences during the assessment process** with the intent to respond appropriately and plan interventions which in the longer term reduce the impact of the experiences on later health and wellbeing.

By identifying individuals who have experienced multiple childhood traumas and putting support in much earlier, services will be better placed to support individuals to break the negative cycle of intergenerational issues.





How can the Health & Wellbeing Board support the ACE Approach?

**Encourage partner agencies to embed the ACE
approach across services in Shropshire to improve
outcomes for all**